

Team name	Team name 2	Leg 1	Lap 1
Team GRIT	INDEPENDENT	Chaulk, Morgan	2:01.0
Team FSC	TCSC KAMLOOPS	RODOMINSKI, ALIYAH	2:02.7
The Christies	SHEEPDOG CROSSFIT	CHRISTIE, JASON	2:04.1
The ILFs	TCSC KAMLOOPS	Robb, Sarah	2:05.0
Mission Slimpossible	TCSC KAMLOOPS	AITCHISON, CARLEE	2:05.7
KILL BILL	FORT TO FORT CROSSFIT	STRACHAN, GRACIE	2:06.2
You Just Got Iced	CROSSFIT NORTHERN ICE	Chilcott, Kenzie	2:07.5
A Couple NARPs	INDEPENDENT	McKeown, Miyoko	2:16.2
Tactless Goats	CROSSFIT KILGARD	Cook, Micayla	2:21.6
Faster Masters	BEACH CITY CROSSFIT	Derbyshire, Shawn	2:22.2
Sweat Junkies	TCSC KAMLOOPS	Hardy, Jenna	2:22.9
Beef & Cakes	TCSC KAMLOOPS	Kelly, Kevin	2:23.1
The Honeymooners	TCSC KAMLOOPS	SINNES, ASIA	2:24.8
Bobby's Loves	TCSC KAMLOOPS	Sachs, Hannah	2:25.5
Buzzer Beaters	TCSC KAMLOOPS	Horst, Anna	2:26.1
7 Snatches & A Jerk	CROSSFIT NORTHERN ICE	MASSE, CHRISTINA	2:31.6
Three and a half knees	TCSC KAMLOOPS	Pennekamp, Pia	2:33.8
Buns and Guns	TCSC KAMLOOPS	YOUNG, JAKE	2:34.2
Swole Mates	TCSC KAMLOOPS	Porterfield, Ocean	2:34.2
Buck Furpees	TCSC KAMLOOPS	Blagborne, Sara	2:34.7
Sour Kraut	TCSC KAMLOOPS	KRAUSERT, SARAH	2:35.5
Mexi-Can	ONE UNITED PEOPLE CROSSFIT	Aboytes, Carmen	2:37.3
The Clean Crew	TCSC KAMLOOPS	Pasmen, Ireland	2:37.4
Screaming Possums	CROSSFIT NORTHERN ICE	MAULT, JAMIE	2:40.9
First Blood	TCSC KAMLOOPS	PAYNE, GRACE	2:41.6
Dadanddottier	CROSSFIT NORTHERN ICE	O'Beirne, Jordan	2:45.5
Cirque De Sore Legs	CROSSFIT KILGARD	Currie, Alexa	2:48.1
Payneful	TCSC KAMLOOPS	Payne, Brenda	2:50.6
Coração Valente	TCSC KAMLOOPS	Sales, Tara	2:51.7
Dueling Deadlifters	TCSC KAMLOOPS	Boechler, Sabrina	2:59.6
Big D & Plan B	TCSC KAMLOOPS	Bargery, Brooke	3:00.3
Dangerous Dachshunds	TCSC KAMLOOPS	Leiker, Ilse	3:09.1
Team JUSTSHOWUP	TCSC KAMLOOPS	Kelly, Nicki	3:28.2
White Chocolate	TCSC KAMLOOPS	CARTER, KIM	3:49.3
Trouble Unders	CROSSFIT NORTHERN ICE	BULL, SHARON	4:00.5

Team name	Team name 2	Leg 2	Lap 2
KILL BILL	FORT TO FORT CROSSFIT	ROBINSON, JADEN	1:56.6
Three and a half knees	TCSC KAMLOOPS	Creasser, Ben	2:01.0
The Clean Crew	TCSC KAMLOOPS	Tate, Jamari	2:01.2
First Blood	TCSC KAMLOOPS	Malecki, Rio	2:01.3
Team FSC	TCSC KAMLOOPS	Williams, Jeremy	2:02.4
White Chocolate	TCSC KAMLOOPS	Love, Bobby	2:02.7
You Just Got Iced	CROSSFIT NORTHERN ICE	Burtenshaw, Jacob	2:03.8
The Honeymooners	TCSC KAMLOOPS	MARSHALL, TAYLOR	2:07.1
Team GRIT	INDEPENDENT	Arbez, Derek	2:07.7

Coração Valente	TCSC KAMLOOPS	Santos, Glauco	2:10.5
The ILFs	TCSC KAMLOOPS	Dube, Erik	2:12.4
A Couple NARPs	INDEPENDENT	BARTLETT, JEFF	2:13.8
Bobby's Loves	TCSC KAMLOOPS	Molina, Rodrigo	2:14.5
Tactless Goats	CROSSFIT KILGARD	Epp, Patrick	2:15.2
7 Snatches & A Jerk	CROSSFIT NORTHERN ICE	MASSE, SEAN	2:15.8
Sour Kraut	TCSC KAMLOOPS	Krausert, Aaron	2:16.6
The Christies	SHEEPDOG CROSSFIT	CHRISTIE, ELIZABETH	2:17.1
Mission Slimpossible	TCSC KAMLOOPS	Thibault, Eric	2:17.6
Buns and Guns	TCSC KAMLOOPS	Bigham , Jasmine	2:17.8
Faster Masters	BEACH CITY CROSSFIT	THREINEN , AMANDA	2:17.8
Screaming Possums	CROSSFIT NORTHERN ICE	Spooner, Luke	2:19.2
Trouble Unders	CROSSFIT NORTHERN ICE	Watt, Dan	2:20.7
Mexi-Can	ONE UNITED PEOPLE CROSSFIT	BASFORD, RICHARD	2:22.1
Dueling Deadlifters	TCSC KAMLOOPS	Radmacker, Justin	2:22.6
Buzzer Beaters	TCSC KAMLOOPS	BEREZOWSKI, JEFF	2:22.6
Swole Mates	TCSC KAMLOOPS	Porterfield, Tom	2:23.5
Cirque De Sore Legs	CROSSFIT KILGARD	Fitzsimmons, Lorne	2:25.5
Dangerous Dachshunds	TCSC KAMLOOPS	Thibault, Mitch	2:26.3
Buck Furpees	TCSC KAMLOOPS	Carcamo, Juan	2:27.9
Beef & Cakes	TCSC KAMLOOPS	Bremner, Corina	2:28.0
Sweat Junkies	TCSC KAMLOOPS	Hamilton, Nicholas	2:31.9
Big D & Plan B	TCSC KAMLOOPS	Gaipo, Devin	2:40.1
Payneful	TCSC KAMLOOPS	Payne, Walt	2:43.9
Team JUSTSHOWUP	TCSC KAMLOOPS	Beggs, Sam	2:48.7
Dadanddottier	CROSSFIT NORTHERN ICE	O'BEIRNE, STEPHEN	2:51.9

Team name	Team name 2	Leg 3	Lap 3
Mission Slimpossible	TCSC KAMLOOPS	AITCHISON, CARLEE	2:12.2
Team FSC	TCSC KAMLOOPS	RODOMINSKI, ALIYAH	2:13.0
KILL BILL	FORT TO FORT CROSSFIT	STRACHAN, GRACIE	2:13.3
Team GRIT	INDEPENDENT	Chaulk, Morgan	2:13.7
The ILFs	TCSC KAMLOOPS	Robb, Sarah	2:17.0
Sweat Junkies	TCSC KAMLOOPS	Hardy, Jenna	2:18.1
A Couple NARPs	INDEPENDENT	McKeown, Miyoko	2:22.5
The Christies	SHEEPDOG CROSSFIT	CHRISTIE, JASON	2:23.0
You Just Got Iced	CROSSFIT NORTHERN ICE	Chilcott, Kenzie	2:23.6
Buns and Guns	TCSC KAMLOOPS	YOUNG, JAKE	2:32.4
Bobby's Loves	TCSC KAMLOOPS	Sachs, Hannah	2:32.6
Screaming Possums	CROSSFIT NORTHERN ICE	MAULT, JAMIE	2:34.3
Tactless Goats	CROSSFIT KILGARD	Cook, Micayla	2:36.5
Mexi-Can	ONE UNITED PEOPLE CROSSFIT	Aboytes, Carmen	2:37.6
Faster Masters	BEACH CITY CROSSFIT	Derbyshire, Shawn	2:40.4
7 Snatches & A Jerk	CROSSFIT NORTHERN ICE	MASSE, CHRISTINA	2:42.7
The Honeymooners	TCSC KAMLOOPS	SINNES, ASIA	2:45.0
Swole Mates	TCSC KAMLOOPS	Porterfield, Ocean	2:46.9
First Blood	TCSC KAMLOOPS	PAYNE, GRACE	2:48.3

Three and a half knees	TCSC KAMLOOPS	Pennekamp, Pia	2:49.8
Sour Kraut	TCSC KAMLOOPS	KRAUSERT, SARAH	2:49.8
Cirque De Sore Legs	CROSSFIT KILGARD	Currie, Alexa	2:52.7
The Clean Crew	TCSC KAMLOOPS	Pasmen, Ireland	2:54.1
Beef & Cakes	TCSC KAMLOOPS	Kelly, Kevin	2:57.5
Buzzer Beaters	TCSC KAMLOOPS	Horst, Anna	2:58.7
Payneful	TCSC KAMLOOPS	Payne, Brenda	2:59.5
Dueling Deadlifters	TCSC KAMLOOPS	Boechler, Sabrina	3:01.4
Dadanddottier	CROSSFIT NORTHERN ICE	O'Beirne, Jordan	3:05.5
Dangerous Dachshunds	TCSC KAMLOOPS	Leiker, Ilse	3:12.6
Coração Valente	TCSC KAMLOOPS	Sales, Tara	3:16.2
Big D & Plan B	TCSC KAMLOOPS	Bargery, Brooke	3:31.3
Buck Furpees	TCSC KAMLOOPS	Blagborne, Sara	3:41.2
Team JUSTSHOWUP	TCSC KAMLOOPS	Kelly, Nicki	3:45.6
White Chocolate	TCSC KAMLOOPS	CARTER, KIM	4:03.1
Trouble Unders	CROSSFIT NORTHERN ICE	BULL, SHARON	4:06.7

Team name	Team name 2	Leg 4	Lap 4
White Chocolate	TCSC KAMLOOPS	Love, Bobby	2:00.8
KILL BILL	FORT TO FORT CROSSFIT	ROBINSON, JADEN	2:01.6
Three and a half knees	TCSC KAMLOOPS	Creasser, Ben	2:05.8
Buck Furpees	TCSC KAMLOOPS	Carcamo, Juan	2:13.2
First Blood	TCSC KAMLOOPS	Malecki, Rio	2:13.7
You Just Got Iced	CROSSFIT NORTHERN ICE	Burtenshaw, Jacob	2:14.3
The Honeymooners	TCSC KAMLOOPS	MARSHALL, TAYLOR	2:16.1
Team GRIT	INDEPENDENT	Arbez, Derek	2:16.8
Coração Valente	TCSC KAMLOOPS	Santos, Glauco	2:17.2
Trouble Unders	CROSSFIT NORTHERN ICE	Watt, Dan	2:19.7
The ILFs	TCSC KAMLOOPS	Dube, Erik	2:21.6
Swole Mates	TCSC KAMLOOPS	Porterfield, Tom	2:25.9
The Clean Crew	TCSC KAMLOOPS	Tate, Jamari	2:26.1
Buns and Guns	TCSC KAMLOOPS	Bigham , Jasmine	2:28.5
Screaming Possums	CROSSFIT NORTHERN ICE	Spooner, Luke	2:29.6
Team FSC	TCSC KAMLOOPS	Williams, Jeremy	2:29.7
Cirque De Sore Legs	CROSSFIT KILGARD	Fitzsimmons, Lorne	2:30.8
The Christies	SHEEPDOG CROSSFIT	CHRISTIE, ELIZABETH	2:31.7
Mexi-Can	ONE UNITED PEOPLE CROSSFIT	BASFORD, RICHARD	2:32.9
Faster Masters	BEACH CITY CROSSFIT	THREINEN , AMANDA	2:33.9
A Couple NARPs	INDEPENDENT	BARTLETT, JEFF	2:34.2
7 Snatches & A Jerk	CROSSFIT NORTHERN ICE	MASSE, SEAN	2:34.9
Tactless Goats	CROSSFIT KILGARD	Epp, Patrick	2:35.0
Dueling Deadlifters	TCSC KAMLOOPS	Radmacker, Justin	2:39.0
Bobby's Loves	TCSC KAMLOOPS	Molina, Rodrigo	2:39.2
Dadanddottier	CROSSFIT NORTHERN ICE	O'BEIRNE, STEPHEN	2:39.7
Big D & Plan B	TCSC KAMLOOPS	Gaipo, Devin	2:39.9
Buzzer Beaters	TCSC KAMLOOPS	BEREZOWSKI, JEFF	2:41.7
Sour Kraut	TCSC KAMLOOPS	Krausert, Aaron	2:42.1

Sweat Junkies	TCSC KAMLOOPS	Hamilton, Nicholas	2:43.3
Mission Slimpossible	TCSC KAMLOOPS	Thibault, Eric	2:44.5
Beef & Cakes	TCSC KAMLOOPS	Bremner, Corina	2:45.0
Payneful	TCSC KAMLOOPS	Payne, Walt	2:47.2
Dangerous Dachshunds	TCSC KAMLOOPS	Thibault, Mitch	3:03.0
Team JUSTSHOWUP	TCSC KAMLOOPS	Beggs, Sam	3:30.4